

# FEELING BETTER SHOULD BE EASY.

Visit a doctor on your smartphone, tablet or computer virtually anywhere, any time.

**dr.** on demand

## GETTING STARTED IS EASY.

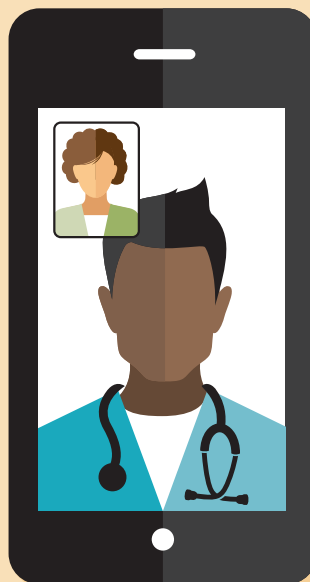
- 1 Download the Doctor On Demand™ app or visit [DoctorOnDemand.com](http://DoctorOnDemand.com).
- 2 Have your Wellmark member ID card ready.
- 3 Create an account or sign in.

<sup>1</sup> Members with a plan on the Wellmark Synergy HMO Network have access to UleCare®, an online medical service operated by University of Iowa Health System.

<sup>2</sup> Mental health treatment cost share is subject to group plan coverage. For plans that include benefits for mental health treatment, Doctor On Demand benefits may include treatment for certain psychological conditions, emotional issues and chemical dependency. For group plans without mental health treatment services, you may be able to access the services but will pay full cost. For more information, call Wellmark at the number on your ID card.

## SEE A DOCTOR IN MINUTES

Getting sick is bad enough without having to get out of bed to see a doctor. With Doctor On Demand, you and your family members can connect face-to-face with a board-certified doctor 24 hours a day, 7 days a week, 365 days a year.<sup>1</sup>



## Get treatment for:

- Cold and flu
- Bronchitis and sinus infections
- Urinary tract infections
- Sore throats
- Allergies
- Fever
- Headache
- Pink eye
- Skin condition
- Other conditions such as mental health (if covered by your group health plan)<sup>2</sup>

Questions? Call 800-997-6196.

**WITH DOCTOR ON DEMAND, WELLMARK MEMBERS GET MORE. IT'S CONVENIENT AND EASY. AND YOUR BENEFITS APPLY AUTOMATICALLY.**

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



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Wellmark's virtual health care visit benefit is made available through an independent company, Doctor On Demand, Inc., and the telemedicine services are provided by licensed physicians practicing within a group of independently owned professional practices. Doctor On Demand, Inc. does not itself provide any physician, mental health or other healthcare provider services. Doctor On Demand operates subject to state laws. Doctor On Demand is not intended to replace an annual, in-person visit with a primary care physician.

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